



Dear Parent/ Guardian:

This letter is to present you with an official outline of District Elevens' Health Education Curriculum, as adopted by the Board of Education which is available on the district's website at www.d11.org. House Bill 13-1081, requires that all school districts in the state must provide parents with a written outline of the health education program. **Parents can excuse their student(s), without penalty, from any content or unit in the health class; which can include discussion or instruction concerning human sexuality, by contacting your student's teacher prior to the beginning of the unit. Students that are excused will be given an alternative class assignment.**

School District 11 is committed to providing a planned, sequential and developmentally appropriate health education program in our schools that is aligned to the Board of Education approved guidelines and national health standards. You may arrange to review materials and curriculum that is used in the health education classes by contacting your student's school, principal or teacher to review the material. Doherty High School's Health classes follow all of the Colorado State Standards. For more information please go to www.cde.state.co.us

CLASS OUTLINE:

- **Mental and Emotional Health**
- **Suicide Prevention**
- **Communicable Disease Prevention**
- **Substance Use and Abuse**
- **Violence Prevention**
- **Human Sexuality**
- **Fitness and Wellness**

Sincerely,

Doherty Health Education Department

Your Signature indicates that you received this information regarding the Health Education procedures.

Parent Printed Name _____

Parent Signature _____

Date _____

Student Signature _____