

Jenkins Wrestling

Back 2 Back Champs

Are you an athlete looking to push yourself to the next level? Wrestling provides the most ground up development for any athlete looking to better themselves, physically and/or mentally. By learning the sport of wrestling, you will increase your skills and abilities, guaranteed, for any other sport. The discipline wrestling teaches is unmatched. So, if being a dominant athlete is your goal, no matter the sport, then wrestling is your steppingstone to greatness.
SEE YOU ON THE MAT!!

Things to know:

- The wrestling season at Jenkins Middle School will begin on September 13, 2021 and end on November 6, 2021.
- Practices will be held in the gym from 3:45-6:00pm.
- Practice attire consists of athletic shorts, (preferably without pockets) t-shirt, wrestling shoes, running shoes.
- Wrestling is for everybody; girls can join the wrestling team as well.

Important Dates:

- **September 13th** first day of practice 3:45-6:00pm
- **September 14th** parent meeting 6:00pm in the gym.

Checklist:

- **Emergency card** completed and turned into front office (this must be completed before an athlete can participate in practice)
- **Physical form** completed and turned into front office (this must be completed before an athlete can participate in practice)
- Athletic fee: \$50.00, fee is adjusted for students who qualify for free or reduced lunch. (Must be paid, or a payment plan in place by first competition)
- BAND App- We use the BAND App for all communication. Use the QR code below to download the app and join the Jenkins Wrestling group.

Coach Martinez
719.650.1094
Martisa@d11.org

Coach Gilbert

Please use BAND app to communicate unless there is an emergency.

