



MARK TWAIN

ELEMENTARY SCHOOL

Colorado Springs School District 11

Twain Elementary School Parent Night #2

"No, Means No."

Setting healthy and effective boundaries with your child

Thursday, March 16, 2023

5pm-6:30 pm

Where: Twain Elementary School Gym

With: Michael Mendez, Licensed Professional Counselor

Questions & Reserving a Spot:

RSVP: Twain Elementary School at 719.328.7700 with Ms. Saldana or with Logan Laszczyk at logan.laszczyk@d11.org or Beth Spargo at beth.spargo@d11.org

*****When you RSVP, please include how many children need childcare, their ages, and if there are any food allergies**

Dinner provided to parents attending the class

Free childcare/activities provided for children while you attend.

Next Class

4/20/2023

Communicating when emotions and tensions are high



Michael Mendez is a Licensed Professional Counselor. He works with children, couples, and families on issues such as anxiety, depression, school issues, setting healthy boundaries, and coping and parenting skills.