

HELP YOURSELF BY APPLYING FOR FREE AND REDUCED MEALS

If your household qualifies for free or reduced school meals, you might also qualify for Pandemic EBT (funds for households to support youth nutrition) this spring!

WHAT IS PANDEMIC EBT OR P-EBT?

P-EBT is a federal program that provides food benefits to help families with children who are eligible for free or reduced school meals through the Federal School Breakfast or National School Lunch Programs.



WHO IS ELIGIBLE?

Students going to a K-12 school, either in-person or remotely, that offers a school lunch program during the school year AND

- Is eligible for free or reduced school meals; OR
- Is receiving SNAP (food stamp) benefits

FILL OUT A SCHOOL MEALS APPLICATION!

Apply today online at [MySchoolApps.com](https://www.myschoolapps.com) or by paper at your school office **AND** update any address & contact changes at your school office.

Learn more at CDHS.Colorado.gov/P-EBT.

This institution is an equal opportunity provider.

There are no immigration requirements for these programs and they are not part of public charge.