



COVID-19 Isolation and Quarantine Guidance

Consistent with the Colorado Department of Public Health and Environment (CDPHE) and El Paso County Public Health (EPCPH), schools will no longer require mandatory automatic quarantines for those exposed to COVID-19 unless they become symptomatic. D11 will adhere to this guidance and support schools' implementation of this requirement.

Isolation

Updated guidance from El Paso County shortens the recommended time for isolation from 10 days for people with COVID-19 to five days. If the individual has no symptoms on day five, they can return to school the following day with a mask through day 10. Individuals still symptomatic on day five must complete the 10-day isolation from the onset of symptoms.

When to return to work or school after being COVID positive

- Staff and students may return following the 5th or 10th day of isolation assuming:
 - They are fever free for **24 hours** without taking medication to reduce fever during that time; AND
 - Any respiratory symptoms (cough and shortness of breath) are no longer present

Automatic Quarantines have been Suspended for school-based exposures

Automatic quarantines will not be required for Close Contacts if exposed to a COVID positive individual unless they become symptomatic, in which case, they must follow the [Returning to School After an Illness](#) guidance.

Quarantines for Household contacts

For household members who cannot quarantine separately from the ill household member, quarantine would begin after the ill individual has completed their 10-day isolation period (day 11) or 5-day isolation (day 6) if asymptomatic on day 5.

- EPCPH or a D11 Nurse will calculate the length of quarantine based on the following:
 - For example, if a parent of a student who tested positive cannot be separated from the ill student, the parent would need to complete the following:
 - Stay home for the duration of the ill student's 5-day or 10-day isolation period because there is ongoing exposure to a COVID-19 positive case during this time.
 - Upon completion of the 5-day or 10-day isolation period (which would be the last day of exposure), they need to complete one of the quarantine options listed in the table above.
 - Household members who have received a booster dose, completed the two-dose series Pfizer or Moderna vaccine series within the last six months, or completed the one-dose series of J&J vaccine within the last two months, or have a positive test result in the previous 90 days will be exempt from quarantine, but must wear a mask for 10 days from last day of exposure.



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- If an individual tests positive at any point during the quarantine period, their quarantine will be converted to a 5-day or 10-day isolation. If an individual becomes symptomatic at any point during the quarantine period, consult ECPH for further recommendations.
- D11 nurses and the Department of Student Success and Wellness can help you determine your return date.

Ill Students and Staff

School-based staff will follow the guidelines below if a student or staff reports to school ill:

- [Child/Staff Appears/Feels Unwell After Arriving at School](#)

The following flowchart will support the return to work/school:

- [Returning to school after an illness](#)