

IB MYP PERSONAL PROJECT JOURNAL

Use this journal to capture the process you use to plan, investigate, take action and reflect on your Personal Project.

Notes, reflections, revisions, frustrations...you should strive to complete a minimum of **eight (8)** entries – you may need to do more based on the project – you may simply write your entries here – you can keep track of your entries electronically (One Note, word processed document, short videos, any type of appropriate ‘app’ on your mobile phone, pictures...lots and lots of pictures of you engaged in the project, as well as your bibliography).

STAGE 1: DEVELOPING A GOAL PRODUCT/PROJECT GOAL AND A LEARNING GOAL FOR YOUR PERSONAL PROJECT

In the personal project, students should be able to:

- i. state a learning goal for the project and explain how a personal interest led to that goal
- ii. state an intended product/project and develop appropriate success criteria for the product
- iii. present a clear, detailed plan for achieving the project/product and its associated success criteria.

Entry #1 – [Include the Date]: What is your Product/Project Goal? What is your Learning Goal? How are you going to measure success?

Entry #2 – [Include the Date]: What kind of information (research) do you need in order to complete your Project? Can you find the information by using the Internet? Do you have to interview someone? When do you want your product/project completed by?

Reflect on Stage 1: Developing your Goals

+ What was positive?	△ What could be improved?
What did you do to successfully develop a goal for your Personal Project?	What will you change or avoid in the future when you're developing a goal ?
What successes and strengths did you discover about yourself as a student ?	What did you discover you could improve upon as a student ?
What successes and strengths did you discover about yourself as a person ?	What did you discover you could improve upon as a person ?

STAGE 2: ORGANIZING YOUR PERSONAL PROJECT

Entry #3 – [Include the Date]: What are you going to do? What are the constraints/problems? Notes, reflections, revisions, frustrations...if completed then - Notes, reflections, revisions, frustrations...

Task to Complete	When to Complete	Do I need to contact/talk to anyone? Who?	Where to I go to find the information? Internet sites?	How will I know I completed this part of the project?	✓ when task is complete

(use more paper if you need to)

Entry #4 – [Include the Date]: Notes, reflections, revisions, frustrations...

Reflect on Stage 2: Organizing the Project

+ What was positive?	△ What could be improved?
What did you do successfully while organizing the steps to meet your goals?	What will you change in the future when organizing how to meet your goals?
What successes and strengths did you discover about yourself as a student ?	What did you discover you could improve upon as a student ?
What successes and strengths did you discover about yourself as a person ?	What did you discover you could improve upon as a person ?

Stage 3: Taking Action

In the personal project, students should be able to:

- i. explain how the Approaches to Learning [ATL] skill(s) was/were applied to help achieve the learning goal
- ii. explain how the Approaches to Learning [ATL] skill(s) was/were applied to help achieve the product/project.

Entry #5 – [Include the Date]: How am I using the Approaches to Learning in my Personal Project?

Communication <ul style="list-style-type: none"> • Interactive skills • Language skills 	Research <ul style="list-style-type: none"> • Information literacy • Media literacy 	Social <ul style="list-style-type: none"> • Collaboration 	Self-Management <ul style="list-style-type: none"> • Organization • Reflection • Managing My State of Mind 	Thinking <ul style="list-style-type: none"> • Critical Thinking • Creative Thinking • Transfer

(use more paper if you need to)

Entry #6 – [Include the Date]: Notes, reflections, revisions, frustrations...

Entry #7 – [Include the Date]: Notes, reflections, revisions, frustrations...

Entry #8 – [Include the Date]: Notes, reflections, revisions, frustrations...

Entry #9 – [Include the Date]: Notes, reflections, revisions, frustrations...

Entry #10 – [Include the Date]: Notes, reflections, revisions, frustrations...

Reflect on Stage 3: Taking Action

+ What was positive?	△ What could be improved?
What did you do successfully while taking action to meet your goals?	What will you change in the future when you're taking action to meet a goal?
What successes and strengths did you discover about yourself as a student ?	What did you discover you could improve upon as a student ?
What successes and strengths did you discover about yourself as a person ?	What did you discover you could improve upon as a person ?

Stage 4: Reflecting

In the personal project, students should be able to:

- i. Evaluate the quality of your product/outcome against the criteria
- ii. Reflect on your development as a learner through the project

Entry #11 – [Include the Date]: Was my product/project a success? How do I know? Did I measure it against the criteria I set up?

Entry #12 – [Include the Date]: What did I learn about myself as an independent learner?

Stage 4: Reflecting on the Process, outcome and personal growth

+ What was positive?	△ What could be improved?
Did you achieve what you set out to achieve?	In what ways was your product/outcome different than what you planned?
What skills did you learn or improve that you will use again in life?	What skills do you want to work on to make you more successful in reaching goals?
Will you take something of importance away from this experience? If so, what?	How might the Personal Project experience be improved in the future?