



Grit: What is it & why it's important

Watch this video & answer the following questions:

https://www.ted.com/talks/angela_lee_duckworth_grit_the_power_of_passion_and_persistence

1. According to Angela Lee Duckworth, what is one of the most important characteristics that can predict success?
2. Define "grit":

Read this article & answer the following questions:

<https://www.inc.com/tanner-christensen/an-absolute-formula-for-developing-grit.html>

***Even the most triumphant among us occasionally fail.
What they don't do is quit.***

1. How many times did Space X fail at landing a reusable rocket?
2. How did they respond to the challenges they faced?
3. When we fail, we can't give up or quit. We must learn from our mistakes. Why is this important? How can you apply this idea to your life?
4. The article lists four ways to build "grit." Describe each of them.