

Rebecca T Viner  
3851 Linda Vista Ln  
Colorado Springs, CO 80907

November 15, 2011

**Dr. Nicholas M. Gledich,**  
**Superintendent of Schools**  
Colorado Springs School District 11  
1115 North El Paso Street  
Colorado Springs, Colorado 80903

Dear Dr. Gledich,

My name is Becca Viner and I am a Sports Nutrition Graduate student at UCCS. Earlier this year, I had the honor of listening to Mr. Rick Hughes speak about the D11 Good Food Project in one of my classes. Since then I have heard nothing but praise about the food served in the schools, and the Good Food Project.

I am writing to thank you, and all those involved in the D11 Good Food Project. Keep up the good work! It is nice to know that our kids are eating real food at school and are not being used as guinea pigs for food science experiments.

We send our children to school to learn, yet for a long time we have neglected teaching children about nutrition and how to eat properly, while at the same time we have cut back their physical activity time. The results are the current obesity epidemic. It is about time that someone recognized the importance of proper fueling for education, after all there are numerous studies that demonstrate that kids who eat better, learn and perform better.

As a dietetics student and future dietitian, I very much appreciate that D11 schools now have a full time dietitian on staff. Hopefully D11 will be a good example for other school districts around the country to follow, and every school district will employ a full-time dietitian in the near future.

Thank you!

I am proud to say that I live within Colorado Springs School District 11.

Sincerely,

Becca Viner

Office of the Superintendent  
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*Book —  
Thank you for  
making a difference.  
Rick  
11/30/11*