

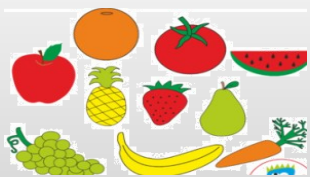
# November 2022

## Academy ACL

### Lunch Menu

Meal Prices	
Reduced	Free
Full Pay K-5	\$2.95
Full Pay 6-8	\$3.10
Adult	\$4.25
White Milk	\$.65
Chocolate Milk	\$.75

Fruits, vegetables, milk and water offered daily.



Menu is subject to change

- contains pork  
\*V\* — vegetarian option

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Orange Chicken With Rice Or *V* Sun Butter & Jelly Sandwich	*V* Cheese or  Pepperoni Pizza Or Ham & Cheese Sandwich	Plain or Cheesy Burger Or *V* Yogurt, Cheese Stick & Zee Zee's Bar	Fish & Fries Or Ham & Cheese Sandwich
Maple Waffles & Lil' Beef Smokies Or Turkey & Cheese Sandwich	*V* Cheese Nachos Or *V* Sun Butter & Jelly Sandwich	*V* Cheese or  Pepperoni Pizza Or *V* Yogurt, Cheese Stick & Goldfish Pretzels	BBQ Pork Sandwich Or *V* Cream Cheese Filled Bagel & Hard Boiled Egg	
All Beef Hot Dog On a Whole Grain Bun Or Fresh Baked Muffin and Hard-Boiled Egg	Breaded Chicken Sandwich Or *V* Sun Butter & Jelly Sandwich	*V* Cheese or  Pepperoni Pizza Or Ham & Cheese Sandwich	<u>Thanksgiving Feast</u> Turkey Gravy and Mashed Potatoes, Craisins, a Roll & a Cookie Or SBJ Sandwich	*V* Yum Yum Mac & Cheese Or Ham & Cheese Sandwich
		*V* Cheese or  Pepperoni Pizza Or Turkey and Cheese Sandwich		