

Hello,

Thank you for reaching out to the Galileo Counselors. **All District 11 schools are closed until Friday, April 17, 2020 to reduce the spread of COVID-19.** We will be periodically checking emails during this time frame, and you can expect a response in 1-2 business days. All counseling sign-ups are still available and have been updated for students to leave their phone number so that their counselor can call, if necessary, and touch base with them. To help you quickly access any resources you may need, we have compiled a list below.

If you have concerns about the health or safety of yourself or a student, here are several resources:

- If you or someone you know is in immediate danger or needs medical attention, call 911.
- If you have concerns about a student and want to submit an anonymous tip, contact Safe2Tell at 1-877-542-7233 or visit their website: <https://safe2tell.org/>.
- If you just need someone to listen or help you cope with a difficult situation, please call 1-844-493-8255 or text "TALK" to 38255 to reach Colorado Crisis Services, a 24/7 confidential hotline. Their website is <https://coloradocrisisservices.org/#intro>.

If you or your student are/is working on classwork online, please reach out to the teacher directly. See teacher contact information below:

Teacher's Sites:

<https://www.d11.org/site/Default.aspx?PageType=1&SiteID=11&ChannelID=3770&DirectoryType=6>

If you need internet access, Comcast is offering their Comcast Essentials reduced internet program for free for two months because of COVID-19. D11 families may [click here](#) to access that information.

If you are a student who needs lunch March 23rd-further notice, the District will provide one bagged meal per person, per day the week of March 16-20, Mon-Fri, for children ages 0-18 years of age from 11 a.m. to 12:30 p.m. at the following sites:

Doherty High School
Russell Middle School
Mitchell High School
Swigert Middle School
The RJWAC Campus

North Middle School
Mann Middle School
Coronado High School
West Elementary School
Adams Elementary School

*District 11 will be adding a breakfast to every sack lunch for the students to eat the following morning. They have also been approved to give extra combined bagged breakfasts and lunches to cover the weekend. Those will go out with Friday's pickup.

If you have questions about taking care of yourself or talking with your children, siblings, or friends about COVID-19, please see these articles on the CDC website:

- Talking with Children about COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>
- Manage Anxiety and Stress: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

This is a trying and uncertain time for students, families, and our community. Please remember to take care of yourself and reach out for support when you need it.

Best,
Galileo Counseling Department

Ms. Garmon, Ms. Hollingsworth, Ms. Ivy, and Ms. Mercedes