

COLORADO SPRINGS SCHOOL DISTRICT ELEVEN
Dr. Terry N. Bishop, Superintendent
Volunteer Services

Education for a Lifetime™

DESCRIPTION:

Education for a Lifetime programs focus on a whole-person model of health. This model teaches that teen sexual activity affects students socially, emotionally, physically, ethically and mentally. These programs are not designed to simply impart information – but to encourage a lifestyle of healthy choices that will lead to behavior change.

HIGH SCHOOL:

**“CHOOSING A
LIFE WITH
NO
REGRETS”**

Aspire – a four day classroom presentation that involves topics such as healthy dating, relationships, refusal skills, media literacy, STI’s and the value of making a commitment to sexual abstinence and abstinence from all high-risk behavior. An additional one day presentation is available discussing the most common STIs – presented by trained medical personnel. (Grades 9th – 10th)

Soul Mate- a two day interactive classroom presentation where students learn important aspects of developing a healthy relationship. Topics addressed include the difference between love and infatuation, compatibility, character, and communication.
(Grades 9th-12th)

AVAILABILITY:

Any 4 consecutive days (2 days for block schedule)
September - May

NEEDED:

LCD projector and laptop preferred; VCR/DVD player

PARENT PROGRAMS:

Partnering with Parents – 1–1 ½ hour sessions for parents covering topics such as communication, teen physical and emotional developmental stages, and consequences of high risk sexual behavior. These are designed to educate and help parents connect with their teens in order to nurture their sexual health and well being.

Please call Volunteer Services for more information

***All presentations are given by individuals trained in positive youth development and under the supervision of Education for a Lifetime Director, Dr. Diane Foley, MD, FAAP. For more information see www.educationforalifetime.com.**

EDUCATION FOR A LIFETIME

School _____ Phone _____

Address _____ Zip _____

Contact name _____ E-mail _____

Program Requested _____

Grade _____ # of Students _____ # of Presentations _____

Date(s) Requested _____ Alternate Date(s) _____

Time(s) _____ Alternate _____

Dates to Avoid _____

**Detach and return to Volunteer Services (deklel@d11.org),
or submit online at [www.d11.org/volunteers/El Paso County/](http://www.d11.org/volunteers/El_Paso_County/)
1115 N. El Paso, 80903 ♦ 520-2202 ♦ FAX 477-1048
Programs will be scheduled on a First Come, First Serve basis**

