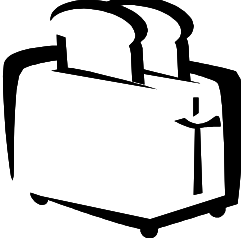
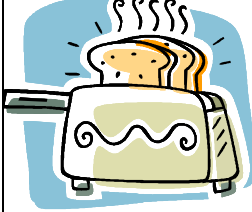






## Colorado Springs District 11 Food & Nutrition Services Menu Chavez Breakfast October 2009



Monday	Tuesday	Wednesday	Thursday	Friday
	Have a "compliment" or a "concern" that you would like to voice to the Director of Food & Nutrition Services? You may contact Rick Hughes by telephone at (719) 520-2924, by email at <a href="mailto:hugherh@D11.org">hugherh@D11.org</a> , or at <a href="http://www.d11.org/fns/rantsandraves.htm">http://www.d11.org/fns/rantsandraves.htm</a>		<b>1</b> LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	<b>2</b> YOGURT MUFFIN FRESH FRUIT JUICE MILK
<b>5</b> CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK	<b>6</b> CEREAL MINI BAGEL PEANUT BUTTER CANNED FRUIT JUICE MILK	<b>7</b> MUFFIN CHEDDAR CHEESE PORTION FRESH FRUIT JUICE MILK	<b>8</b> LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	<b>9</b> YOGURT MUFFIN FRESH FRUIT JUICE MILK
<b>12</b> NO SCHOOL  FALL BREAK	<b>13</b> NO SCHOOL  FALL BREAK	<b>14</b> NO SCHOOL  FALL BREAK	<b>15</b> NO SCHOOL  FALL BREAK	<b>16</b> NO SCHOOL  FALL BREAK
<b>19</b> CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK	<b>20</b> CEREAL MINI BAGEL PEANUT BUTTER CANNED FRUIT JUICE MILK	<b>21</b> MUFFIN CHEDDAR CHEESE PORTION FRESH FRUIT JUICE MILK	<b>22</b> LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	<b>23</b> NO SCHOOL  
<b>26</b> CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK	<b>27</b> CEREAL MINI BAGEL PEANUT BUTTER CANNED FRUIT JUICE MILK	<b>28</b> MUFFIN CHEDDAR CHEESE PORTION FRESH FRUIT JUICE MILK	<b>29</b> LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	<b>30</b> NO SCHOOL  

### JUICE & MILK SERVED DAILY

The United States Department of Agriculture (USDA) prohibits discrimination in its programs on the basis of race, color, national origin, sex, religion, disability, political beliefs, and marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternate means for communication of program information (Braille, large print, audio tape, etc.) should contact the USDA TARGET Center at (202) 720-2600 (voice and DD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity employer.