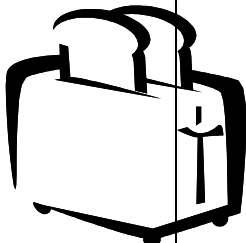
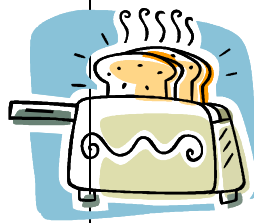




## Colorado Springs District 11 Food & Nutrition Services Menu Chavez Breakfast November 2009



Monday	Tuesday	Wednesday	Thursday	Friday	
2 CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK	3 CEREAL MINI BAGEL PEANUT BUTTER CANNED FRUIT JUICE MILK	4 MUFFIN CHEDDAR CHEESE PORTION FRESH FRUIT JUICE MILK	5 LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	6 YOGURT MUFFIN FRESH FRUIT JUICE MILK	
9 CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK	10 CEREAL MINI BAGEL PEANUT BUTTER CANNED FRUIT JUICE MILK	11 MUFFIN CHEDDAR CHEESE PORTION FRESH FRUIT JUICE MILK	12 LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	13 YOGURT MUFFIN FRESH FRUIT JUICE MILK	
16 CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK	17 CEREAL MINI BAGEL PEANUT BUTTER CANNED FRUIT JUICE MILK	18 MUFFIN CHEDDAR CHEESE PORTION FRESH FRUIT JUICE MILK	19 LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	20 YOGURT MUFFIN FRESH FRUIT JUICE MILK	
23 CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK	24 CEREAL MINI BAGEL PEANUT BUTTER CANNED FRUIT JUICE MILK	25 MUFFIN CHEDDAR CHEESE PORTION FRESH FRUIT JUICE MILK	26 LARGE BAGEL CREAM CHEESE JELLY CANNED FRUIT JUICE MILK	27 YOGURT MUFFIN FRESH FRUIT JUICE MILK	
30 CINNAMON ROLL YOGURT CANNED FRUIT JUICE MILK					<p>Have a "compliment" or a "concern" that you would like to voice to the Director of Food &amp; Nutrition Services? You may contact Rick Hughes by telephone at (719) 520-2924, by email at <a href="mailto:hugherh@D11.org">hugherh@D11.org</a>, or at <a href="http://www.d11.org/fns/rantsandraves.htm">http://www.d11.org/fns/rantsandraves.htm</a></p>

### JUICE & MILK SERVED DAILY

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